



天主教聖方濟堂 · 華人教務中心 St. Francis Xavier Parish · Chinese Catholic Centre

438 Great Northern Way, Vancouver, B.C. V5T 4S5

電話 Tel: 604-254-2727 傳真 Fax: 604-254-7557

電郵 Email: parish.sfx@rcav.org 網址 Website: <http://sfx.rcav.org>

聖方濟天主教堂--八年牧靈計劃 2025 - 2033

一個扎根於祈禱與合一的堂區 ——

教友在信仰中日益成熟，
家庭活出福音，
青少年認識並愛慕基督，
我們要領受耶穌，與耶穌一天生活，
以耶穌來滋養整個團體的傳教精神。

一、全體教友的核心基礎

1. 教友愛慕天主，並在生活中與天主共融

目標：信仰不僅是一項責任，而是與天主之間活生生的關係。

- 鼓勵教友：
 - 忠信參與主日感恩聖祭
 - 以相稱的心靈領受聖體
 - 經常領受修和聖事
- 建立祈禱生活：
 - 每日個人祈禱
 - 家庭共同祈禱
- 堂區牧靈措施：
 - 團體聖體朝拜
 - 聖經研讀與信仰分享聚會

* 沒有祈禱 → 信德軟弱 → 基督徒生活逐漸淡化。

2. 教友將堂區視為「我的家」

目標：堂區不是一個「來了就走」的地方，而是一個屬靈的家庭。

- 邀請教友：
 - 關心並承擔堂區生活的責任
 - 慷慨奉獻時間，參與堂區活動
- 培養精神：
 - 堂區是我們的家 —— 眾人皆為弟兄姊妹
- 具體實踐：
 - 歡迎新來者
 - 關懷病患、長者與弱勢者
 - 共同維護聖堂及堂區公共生活

3. 教友在世界中成為活生生的見證

目標： 每一位基督徒都是福音的見證人。

- 以身作則：
 - 在家庭生活中
 - 在工作環境中
 - 在社會生活中
- 活出：
 - 正直誠信
 - 謙遜的福音精神
 - 愛德與合一
- 請記住：人們認識基督，不僅透過言語，更是透過我們的生活方式。

二、八年願景 —— 四個牧靈部分



第一部分

鞏固教友信德與祈禱生活

重點：

- 喚醒並更新信仰生命
- 為堂區奠定穩固的祈禱基礎

具體行動：

- 加強：
 - 聖體朝拜——每人每週跟耶穌相約半個小時
 - 堂區祈禱團體——玫瑰經和慈悲串經等
- 培育：
 - 成人基礎要理——每個團體和個人學習實踐天主教教理
 - 主日聖言反省與分享——鼓勵每個團體和個人每日讀聖經的習慣
- 堂區領導：
 - 以身作則活出信仰——參與堂區的靈修和實踐生活
 - 鼓勵並陪伴教友——尤其是陪伴慕道者



第二部分

青年天主教陪伴家庭

重點：

- 家庭作為「家庭教會」
- 在現代挑戰中守護信仰

具體行動：

- 成立或鞏固家庭牧靈
- 協助家庭：
 - 一起祈禱
 - 教導子女信仰
 - 讓基督成為婚姻生活的中心
- 舉辦：
 - 青年父母分享聚會
 - 家庭退省與培育工作坊



第三部分

兒童與青少年的信仰培育

重點：

- 幫助年輕人認識、相遇並愛慕基督

具體行動：

- 強化要理課程：
 - 以祈禱為根基——學習實踐傳統祈禱
 - 與日常生活相結合
- 引導兒童與青少年：
 - 學習簡單而真誠的祈禱——加強主日學
 - 在聖體聖事中與耶穌相遇
- 建立環境：
 - 安全
 - 喜樂
 - 充滿愛德與適當紀律
- 培育：
 - 要理教員
 - 青少年領袖與導師



第四部分

傳教外展 —— 將信仰活出堂區之外

依循聖方濟·沙勿略的精神：

- 整個堂區懷抱傳教的心
- 特別關懷：
 - 信德冷淡者
 - 不再參與教會生活的人
 - 新來者與移民
- 牧靈方式：
 - 生活見證
 - 愛德、服務與陪伴
- 每一年：
 - 至少一項全堂區具體的福傳或愛德行動

三、重要的補充方向

1. 天主教領導培育

- 領導者應具備：
 - 穩固的靈修生活
 - 傾聽、分辨與服務的態度
- 有意識地規劃：
 - 領導接班
 - 青年領袖的培育

2. 建立共融同行的意識

- 一起祈禱
- 一起傾聽
- 為共同益處一起作出決定

3. 明智運用傳播與媒體

- 宣講天主聖言
- 加強家庭之間的連結
- 引導年輕人健康、負責任地使用媒體

結論

- 八年之後，聖方濟·沙勿略堂區將成為一個
- 信德成熟、積極投入的信友團體，
- 擁有穩固的天主教家庭，
- 青少年與基督緊密相連，
- 並充滿傳教熱忱的堂區。

李志雄神父 CSJB
2025 年 12 月 28 日



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**St. Francis Xavier Parish — Eight Year Pastoral Plan
2025–2033**

A parish rooted in prayer and unity —

A community where parishioners grow in faith,
families live the Gospel,
young people come to know and love Christ,
and all of us are nourished by Jesus, live each day with Him,
and share in a missionary spirit as one body.

I. Core Foundations for All Parishioners

1. Parishioners who love God and live in communion with Him

Goal: Faith is not only an obligation, but a living relationship with God.

Encouragement for parishioners:

- Faithful participation in Sunday Mass
- Worthy reception of Holy Communion
- Regular celebration of the Sacrament of Reconciliation

Building a life of prayer:

- Daily personal prayer
- Family prayer at home

Parish initiatives:

- Eucharistic Adoration
- Bible study and faith-sharing groups

Without prayer → faith becomes weak → Christian life gradually fades.

2. Parishioners see the parish as “my home”

Goal: The parish is not just a place to come and go, but a spiritual family.

Invitation:

- Take responsibility for parish life
- Generously offer time and service

Spirit to cultivate:

- The parish is our home — we are brothers and sisters to one another

Practical expressions:

- Welcoming newcomers
- Caring for the sick, elderly, and those in need
- Helping maintain the church and parish life together

3. Parishioners as living witnesses in the world

Goal: Every Christian is a witness to the Gospel.

By example:

- In family life
- In the workplace
- In society

Living out:

- Integrity and honesty
- Humble Gospel spirit
- Charity and unity

Remember: people come to know Christ not only through words, but through the way we live.

II. The Eight-Year Vision — Four Pastoral Areas



Part One: Strengthening Faith and Prayer Life

Focus:

- Awakening and renewing faith
- Laying a strong foundation of prayer in the parish

Actions:

- Strengthen:
 - Eucharistic Adoration — each person spending at least 30 minutes weekly with Jesus
 - Parish prayer groups — Rosary, Chaplet of Divine Mercy, etc.
- Formation:
 - Basic adult catechesis — learning and practicing the Catechism
 - Sunday Scripture reflection and sharing — encouraging daily Bible reading
- Parish leadership:
 - Leading by example in prayer and service
 - Encouraging and accompanying parishioners — especially catechumens



Part Two: Accompanying Families and Young Parents

Focus:

- The family as the “domestic church”
- Protecting the faith amid modern challenges

Actions:

- Establish or strengthen family ministry
- Support families in:
 - Praying together
 - Teaching the faith to their children
 - Making Christ the center of their marriage
- Organize:
 - Gatherings for young parents
 - Family retreats and formation workshops



Part Three: Faith Formation for Children and Youth

Focus: Helping the young know, encounter, and love Christ.

Actions:

- Strengthen catechesis:
 - Rooted in prayer and Catholic tradition
 - Connected to daily life
- Guide children and youth:
 - To simple, sincere prayer — strengthening Sunday School
 - To encounter Jesus in the Eucharist
- Create an environment that is:
 - Safe
 - Joy-filled
 - Loving, with appropriate discipline
- Form:
 - Catechists
 - Youth leaders and mentors



Part Four: Mission and Outreach — Beyond the Parish Walls

Following the spirit of St. Francis Xavier:

- A parish filled with missionary zeal
- Special care for:
 - Those whose faith has grown lukewarm
 - Those no longer active in church life

- Newcomers and immigrants

Pastoral approach:

- Witness of life
- Charity, service, and accompaniment

Each year:

- At least one concrete, parish-wide evangelization or charity initiative

III. Additional Key Directions

1. Leadership Formation

Leaders should have:

- A solid spiritual life
- A spirit of listening, discernment, and service

Intentional planning for:

- Leadership succession
- Formation of young leaders

2. Building a Spirit of Synodality (Journeying Together)

- Praying together
- Listening together
- Discerning for the common good

3. Wise Use of Media and Communication

- Proclaiming God's Word
- Strengthening connections among families
- Guiding young people to use media responsibly and well

Conclusion

In eight years, may St. Francis Xavier Parish become:

- A mature and committed community of faith,
- With strong Catholic families,
- Young people closely united with Christ,
- And a parish filled with missionary enthusiasm.

Fr. Chi Hung Ly, CSJB
Dec 28, 2025