

ST. FRANCIS XAVIER PARISH LIFE CENTRE

438 Great Northern Way, Vancouver, BC, Canada V5T 4S5

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✧ Newcomers are welcome

January — March 2023 Course List for Adult

Day	Course	Time	Place	Instructor	Fee
Mon	✧ Practical Putonghua (Intermediate)	10:30am -12:00noon	PLC	Mr. Vincent Lau	\$48/8 lessons ***
	✧ Flower Workshop	10:30am -12:00noon	PLC	Ms. Jane Wong	\$100/4 lessons ***
	✧ Practical Putonghua (Beginner)	2:00pm – 3:30pm	PLC	Ms. Barbara Wong	\$48/8 lessons ***
Tue	Tai Chi (Advanced)	10:30am -11:30am	PLC	Mr. Raymond Yau	\$24/8 lessons
	✧ Line Dance	10:30am -12:00noon	PLC	Ms. Jennifer Lin	\$24/8 lessons
	Table Tennis (Ping Pong)	11:30am – 2:30pm	PLC	Mr. Raymond Wong Mr. Tony Cheng	\$80/year
	Line Dance	7:00pm – 9:00pm	School Rm.110	Ms. Linda Wong Ms. Jennie Siu	\$3/lesson
Wed	Tai Chi (Yang Style 24 forms)	10:00am – 11:15am	PLC	Mr. Tit Bo Lee Ms. Ivy Lee	\$24/8 lessons
Thu	Exercise 66	9:45am – 11:15am	PLC	Ms. Annie Chow Ms. Susan Wong	\$1/lesson
	PLC Staff Meeting	2 nd Thurs. 10:30am -12:00noon	PLC	Ms. Maria Tan	
	Bible Sharing	4 th Thurs. 10:30am -12:00noon	On Line	Fr. Dominic Hoang	
	Table Tennis (Ping Pong)	11:30am – 2:30pm	PLC	Mr. Raymond Wong Mr. Tony Cheng	\$80/year
Fri	Tai Chi Sword (42 forms)	10:00am – 11:00am	PLC	Ms. Ivy Lee	\$28/8 lessons
	Cantonese Gospel Opera	10:00am -12:00noon	PLC	Ms. Margaret Chan Ms. Martina Chan Ms. Josephine Li	\$15/month
	Table Tennis (Ping Pong)	11:30am – 2:30pm	PLC	Mr. Raymond Wong Mr. Tony Cheng	\$80/year
Sat	Tai Chi (Yang Style 24/88 forms) (Jan, Mar, Jun, Sep new recruits)	10:00am – 11:45am	SFX Gym	Mr. Roger Chung Mr. Raymond Yau	\$90/year

Note: *** Teaching Materials Included

1. Membership required for course enrolment, current SFX parishioners will only require to pay once for permanent membership
2. Course fees are non-refundable. For Drop-in lesson, \$1 will be added to each session.
3. Classes will be suspended during snow storm, PLC holidays and public holidays.
4. Newcomers are welcome to get into any class in the middle of the course.