## ST. FRANCIS XAVIER PARISH LIFE CENTRE

## 438 Great Northern Way, Vancouver, BC, Canada V5T 4S5 Tel: (604)254-2727 ext 116,117

Email: sfxplc@gmail.com Website: http://sfx.rcav.org

**X**Newcomers are welcome

January - March 2024 Course List for Adult

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Day	Course	Time	Place	Instructor	Fee
Mon	※Practical Putonghua (Intermediate)	10:30am -12:00noon	PLC	Mr. Vincent Lau	\$48/8 lessons ***
	※ Practical Putonghua (Beginner)	2:00pm – 3:30pm	PLC	Ms. Barbara Wong	\$48/8 lessons ***
Tue	Tai Chi (Advanced)	10:00am -11:30am	PLC	Mr. Raymond Yau	\$24/8 lessons
	Line Dance	10:30am -12:00noon	PLC	Ms.Jennifer Lin	\$24/8 lessons
	Table Tennis (Ping Pong)	11:30am – 2:30pm	PLC	Mr.Raymond Wong Mr. Tony Cheng	\$80/year
Wed	<b>※42 Style Taijiquan Competition Routine</b>	10:00am – 11:15am	PLC	Mr. Tit Bo Lee Ms. Ivy Lee	\$24/8 lessons
	Chinese Calligraphy	1:30pm – 3:00pm	PLC	Mr. Peter Lee	\$48/8 lessons ***
Thu	Exercise 66	9:45am – 11:15am	PLC	Ms. Annie Chow Ms. Susan Wong	\$1/lesson
	PLC Staff Meeting	2 <sup>nd</sup> Thurs. 10:30am -12:00noon	On Line	Ms. Maria Yu	
	Bible Sharing	4 <sup>th</sup> Thurs. 10:30am -12:00noon	PLC	Fr. Dominic Hoang	
	Table Tennis (Ping Pong)	11:30am – 2:30pm	PLC	Mr.Raymond Wong Mr. Tony Cheng	\$80/year
Fri	Tai Chi Sword (42 forms)	10:00am – 11:00am	PLC	Ms. Ivy Lee	\$28/8 lessons
	Cantonese Gospel Opera	10:00am -12:00noon	PLC	Ms. Margaret Chan Ms. Martina Chan Ms. Josephine Li	\$15/month
	Table Tennis (Ping Pong)	11:30am – 2:30pm	PLC	Mr.Raymond Wong Mr. Tony Cheng	\$80/year
Sat	Tai Chi (Yang Style 24/88 forms) (Jan, Apr, July, Oct new recruits)	10:00am – 11:45am	SFX Gym	Mr. Roger Chung Mr. Raymond Yau	\$90/year

Note: \*\*\* Teaching Materials Included

- 1. Membership required for course enrolment, current SFX parishioners will only require to pay once for permanent membership
- 2. Course fees are non-refundable. For Drop-in lesson, \$1 will be added to each session.
- 3. Classes will be suspended during snow storm, PLC holidays and public holidays.
- 4. Newcomers are welcome to get into any class in the middle of the course.